



Activity Pack

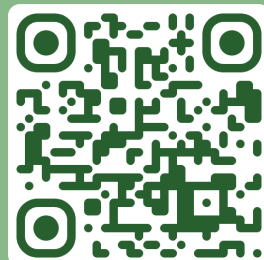


★ Hettie Nettle's ★ Handbook for Hedgewitches

Written & Illustrated by CLAIRE BARKER



Find out more about *Hettie Nettle's
Handbook for Hedgewitches* by
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Wild Wood Wordsearch



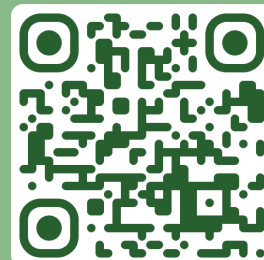
Find the 10 trees, flowers, animal and magical creatures hiding in this forest of letters.



Oak ☐ Pixie ☐ Rabbit ☐ Rose ☐ Unicorn ☐
Squirrel ☐ Holly ☐ Blackberry ☐ Dandelion ☐
Robin ☐ Snowdrop ☐ Fox ☐



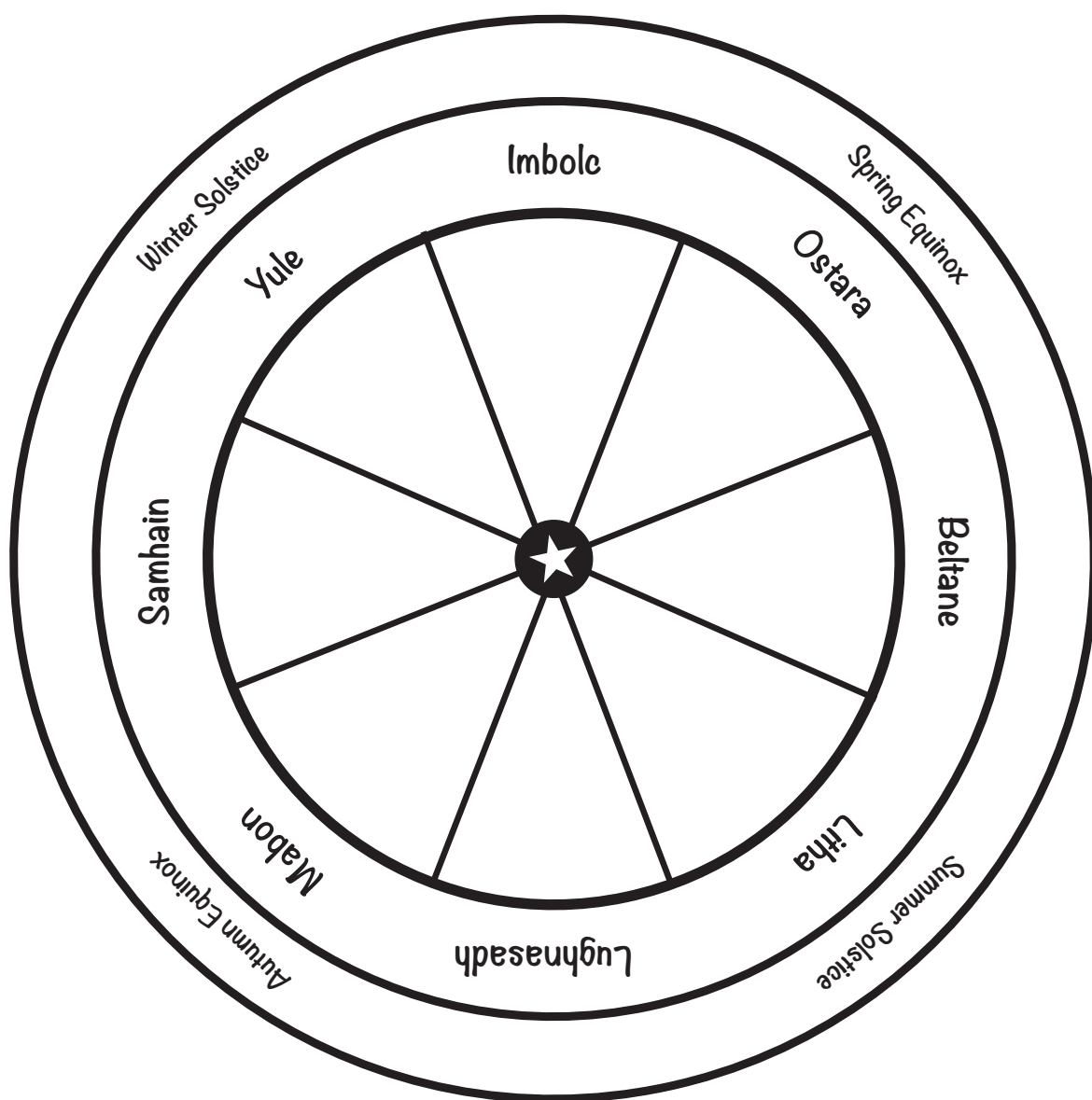
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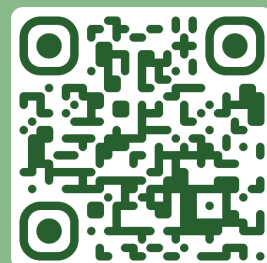


Make A Wheel Of The Year Poster

Decorate your own poster showing the 12 festivals of the Wheel of the Year! For each festival, draw something to illustrate that time of year, such as a daffodil for Ostara (Spring Equinox), an ice cream for Litha (Summer Solstice), pumpkins for Mabon (Autumn Equinox) and snowflakes for Yule (Winter Solstice).



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Make Your Own Corndollies



YOU WILL NEED:

-  A handful of long grasses
-  String
-  Scissors

1) Hold the pieces of grass together. Then fold them in half, creating a loop at the top. Tie a piece of string tightly around the folded end, about 2.5cm down, to form the head.

2) Divide the grass into two to make legs. Tie string at the end of each bunch for the feet.

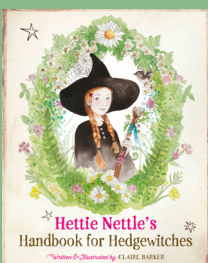
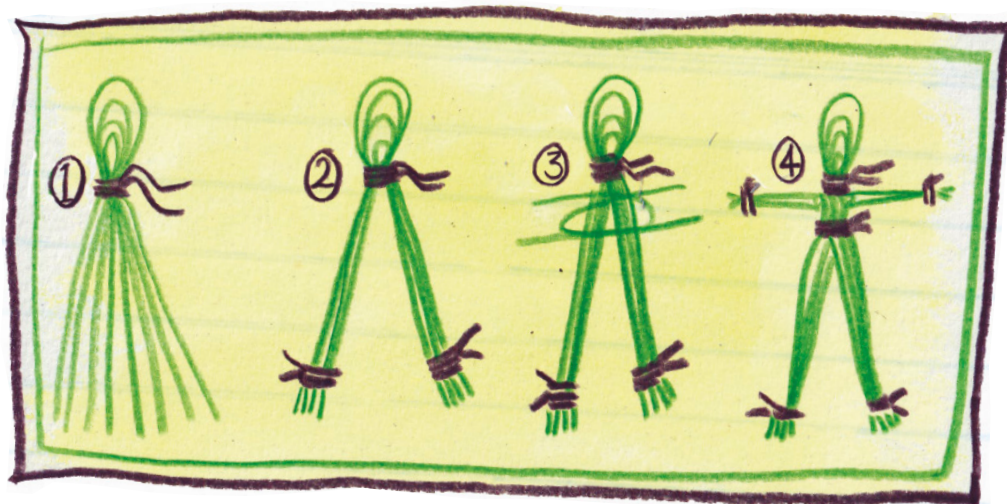
3) Now you need arms. Take more grass and poke it through

the body. Tie string around each end to make the hands.

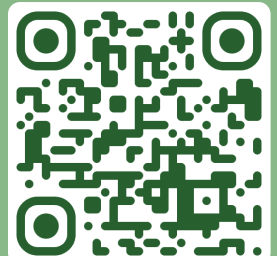
4) Finally, tie a piece of string around the grass bundle to form the body and hold up the arms.

There you have your very own corn dolly! Add it to a Lammas display, alongside other things you have gathered that represent this fire festival, like a crust of bread, a bunch of flowers or some herbs.

Happy dollying and don't forget to return it to the earth in the springtime.



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Write About A Nature Walk Like Hettie!

Today, take 10–15 minutes to step outside and explore nature with a friend (don't forget to bring something to write or draw with!). It could be your backyard, a park or even just a walk down the street – there's always something new to discover!

While you're exploring, pay close attention to your surroundings:

What do you see?
A bird flying? A tiny bug?
A colourful leaf?

What do you hear?
The wind? The hum of a grasshopper?
Crunchy leaves?

What do you feel?
Warm sunshine?
Cool air? Soft grass?

When you arrive back home, write about what you discovered!

What was the most exciting or surprising thing you noticed?

Did it remind you of anything?

You can even draw a picture to go along with your writing!

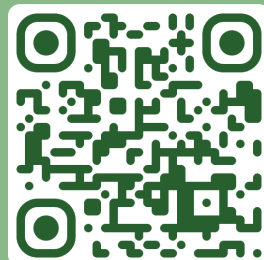
Just like Hettie, you can become a guardian of nature too!



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Interview A Cool Person

MATERIALS YOU WILL NEED:

- ✕ Notebook
- ✕ Pen or pencil
- ✕ Voice recorder app on your phone (optional)

1) Choose Whom You Want to Interview: Think about someone you think is cool or you admire – this could be a family member, teacher, friend or even a neighbor. Ask for their permission to interview them and schedule a date. Make sure you inform your caregiver that you'll be interviewing this person.

2) Prepare Your Questions: Write down some questions you want to ask or some topics that you would like to discuss with

them. Try to include a mix of fun and serious questions.

3) Start the Interview: Find a quiet space to talk. Remember to be polite, engaged and listen carefully! If you can, record the conversation so you can listen back to it and write everything down later.

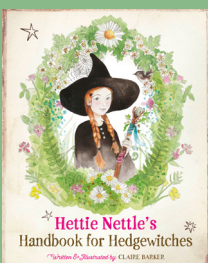
4) Transcribe the Interview: Write down the conversation word-for-word. If you recorded the conversation, listen to the recording again to make sure you get everything right.

5) Reflect: Write down the most interesting parts of the interview. Share it with your class, family or friends.

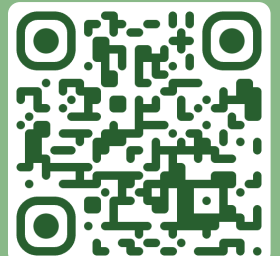


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For Caregivers
+ Educators

Questions To Ask A Child About Nature

Want to start an engaging discussion with your young people about connecting with nature?

Here are some conversation starters for you!

1. If you could talk to animals like Hettie, what's the first question you'd ask an animal?
2. What's one thing in nature that always makes you feel happy or calm? Why?
3. Hettie believes that even the smallest creatures are important. What's a tiny part of nature that we should appreciate more?
4. How do you personally connect with the natural world?
5. Hettie interviews a lot of celebrities from the Wild Wood – who could she interview next?
6. If you could control the weather for one day, what kind of weather would you choose and why?
7. If you could visit any place in nature right now, where would it be?
8. Imagine you are a guardian of nature – what would be your most important rule for taking care of nature?



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