

THIS BOOK IS ABOUT NOTHING



Activity Pack

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Let's Get Drawing!

What does "nothing" look like to you?

Does it have a specific colour or shape? Draw it.



There's no right or wrong thing to draw

- just think about what these ideas mean to you!

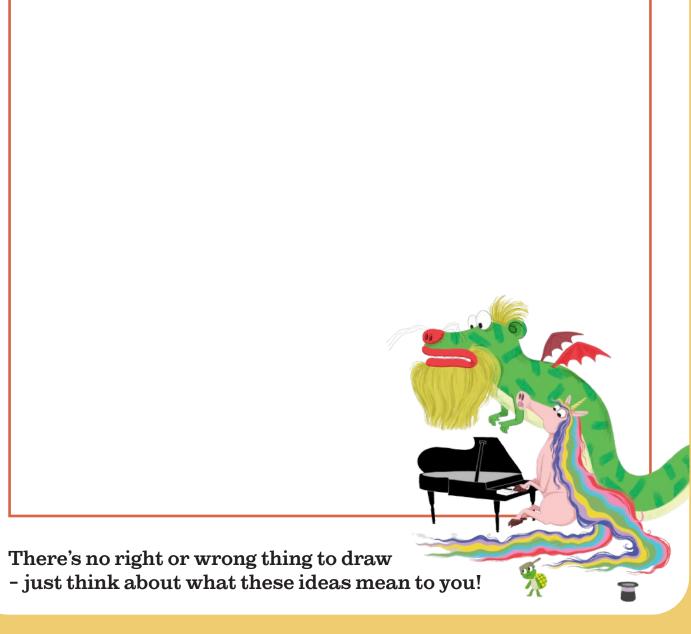


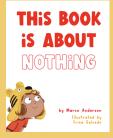




Let's Get Drawing!

Now, what does "everything" look like to you? Does it have a different colour or shape? Draw it.





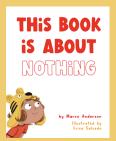




Colour Rio In

It's time to colour Rio in – you can use any colours or details you want to bring them to life!









Nothing Scavenger Hunt

It's time to go exploring! Can you find some items that represent "nothing" to you? There are 8 things for you to find – tick them off as you see them!

An empty glass
A blank piece of paper
An object that has no smell
Something with a hole in it
A clean whiteboard
A see-through object
A silent object (that doesn't make a noise when you drop it)
The number zero









Create A New Character

Rio loves doing "nothing", but there's so many characters that pop up in this book and interrupt his peaceful "nothingness" – you have a dragon, a unicorn and a turtle.

Let's design another character to interrupt him.

Be as imaginative as possible and draw them below,
then colour them in!









For Caregivers + Educators

Discussion Guide

Want to start an engaging discussion with your young people after reading *This Book is About Nothing*?

Here are some conversation starters for you!

- 1. Imagine you are trying to explain "nothing" to an alien. How would you describe it?
- 2. What does it feel like when you meet a new person?
- 3. What are some ways that you can be kind to someone who feels shy?
- 4. How can we make sure that we include everyone when we are playing?
- 5. What could the new characters that pop up in this book do to help Rio feel more comfortable?
- 6. If you could give Rio some advice on how to make friends, what would you say?
- 7. Can you think of a time when you would have prefered to have some peace and quiet?
- 8. There are a lot of great characters in this book, including Rio! Which character did you connect with the most?



