



Activity Pack

MORE!



Ged Adamson



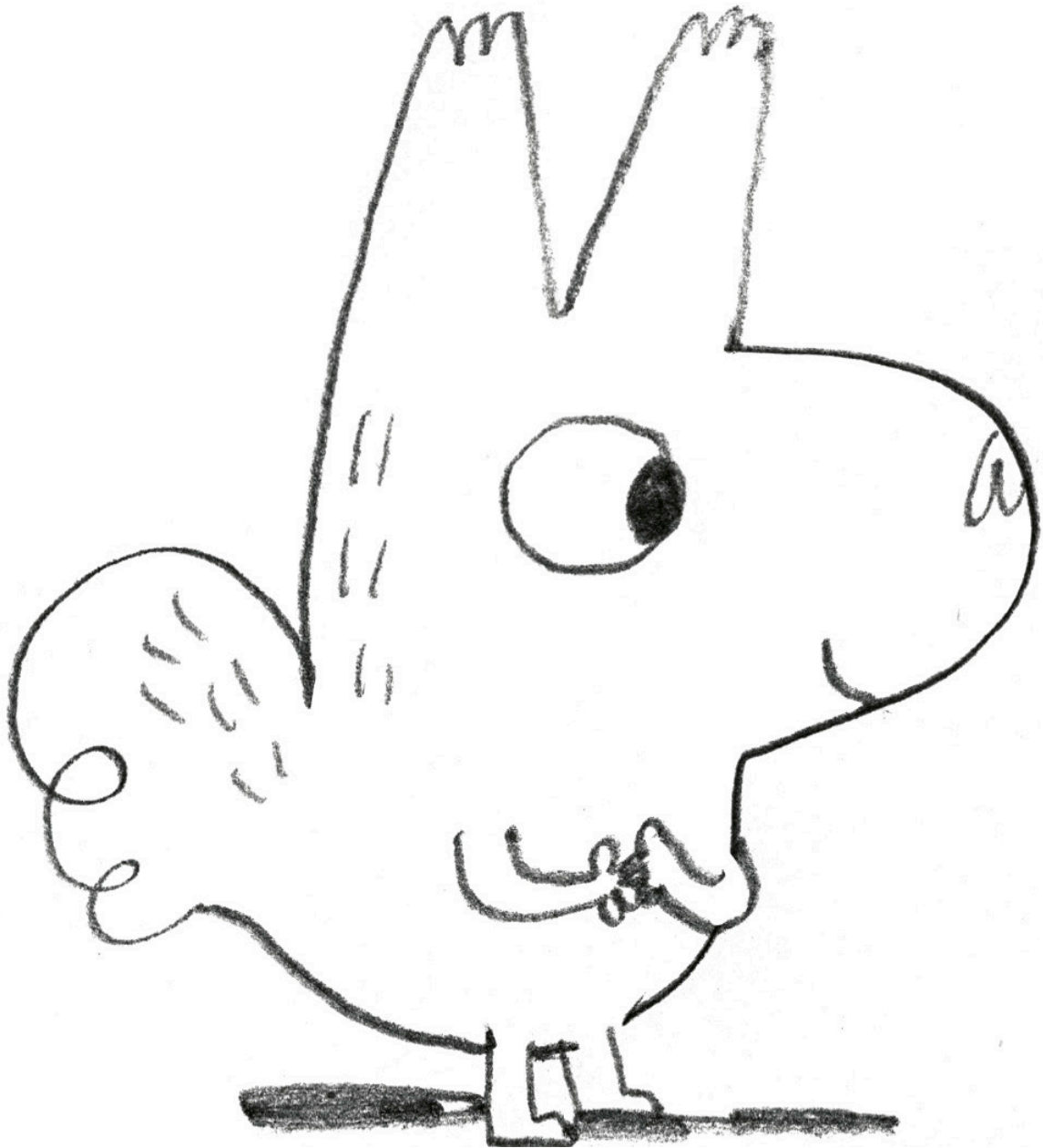
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Colour Squirrel In!

What colour would you make Squirrel? Add in any details you want to bring them to life!



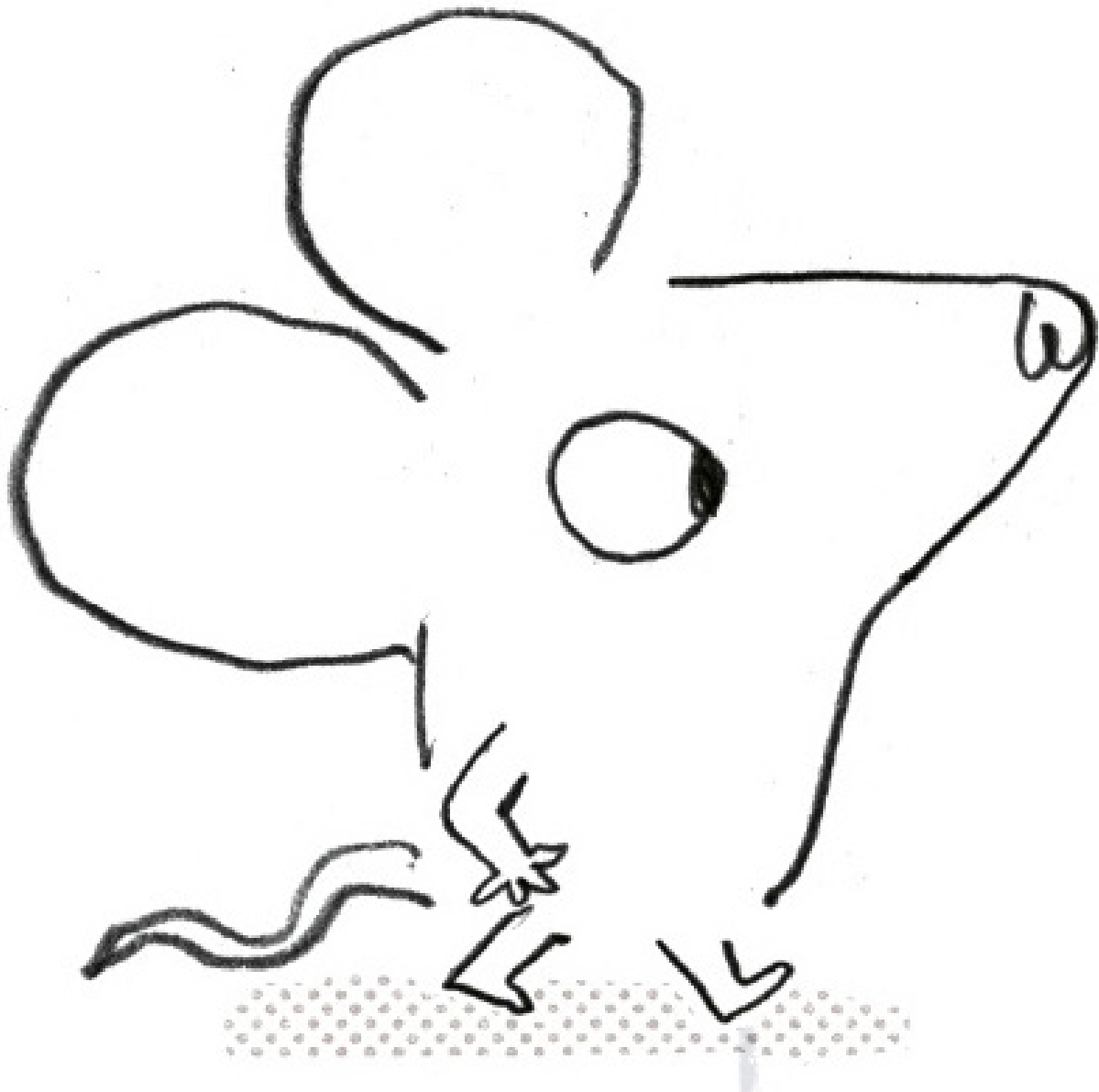
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Colour Mouse In!

Mouse needs a bit of help getting ready for their day. Add in colour and draw in any accessories you think they need!



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Who Would You Give This To?

In Squirrel's book, they find creative ways to give away the things they have collected. For example, their boingy stick goes to a bunny whose kite is stuck in a tree.

Here are some cool objects – some are useful and some are a little silly! It's your job to decide who we could gift them to. Be as creative as possible!

You can write your answer in the box, or even draw them using the item.

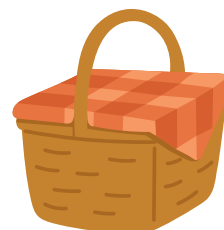
Think about:

- Who might need this item?
- How could it help someone?
- How would it make them feel if you gave it to them?

1. A balloon that never pops



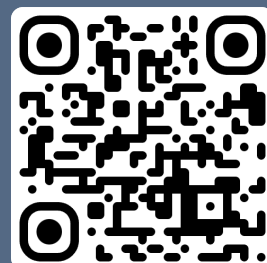
2. A picnic basket that fills itself with your favourite snacks



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Who Would You Give This To?

3. A watering can that never runs out



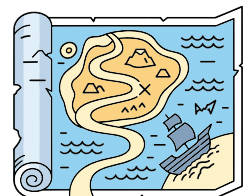
4. A hot water bottle



5. A raincloud that only rains glitter



6. A treasure map



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Who Would You Give This To?

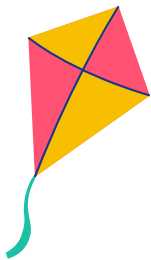
7. A pirate hat



8. A toy steering wheel



9. A kite



10. A beautiful bunch of flowers that never wilt



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What's In Squirrel's Cart?

Squirrel loves to collect things in their go kart. Draw what you think Squirrel should collect next if there was a sequel to the story? Be as creative as you want!



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Design A New Hat For Squirrel

Design and colour the funkiest new hat for Squirrel that you can imagine! Will it have feathers? Sparkles? It can be anything you want!



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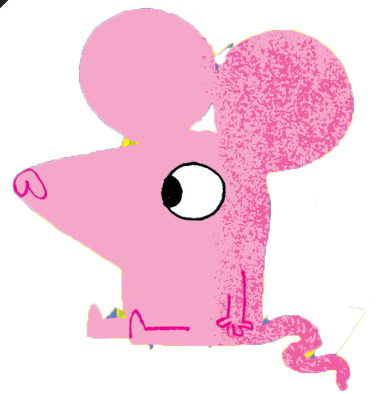
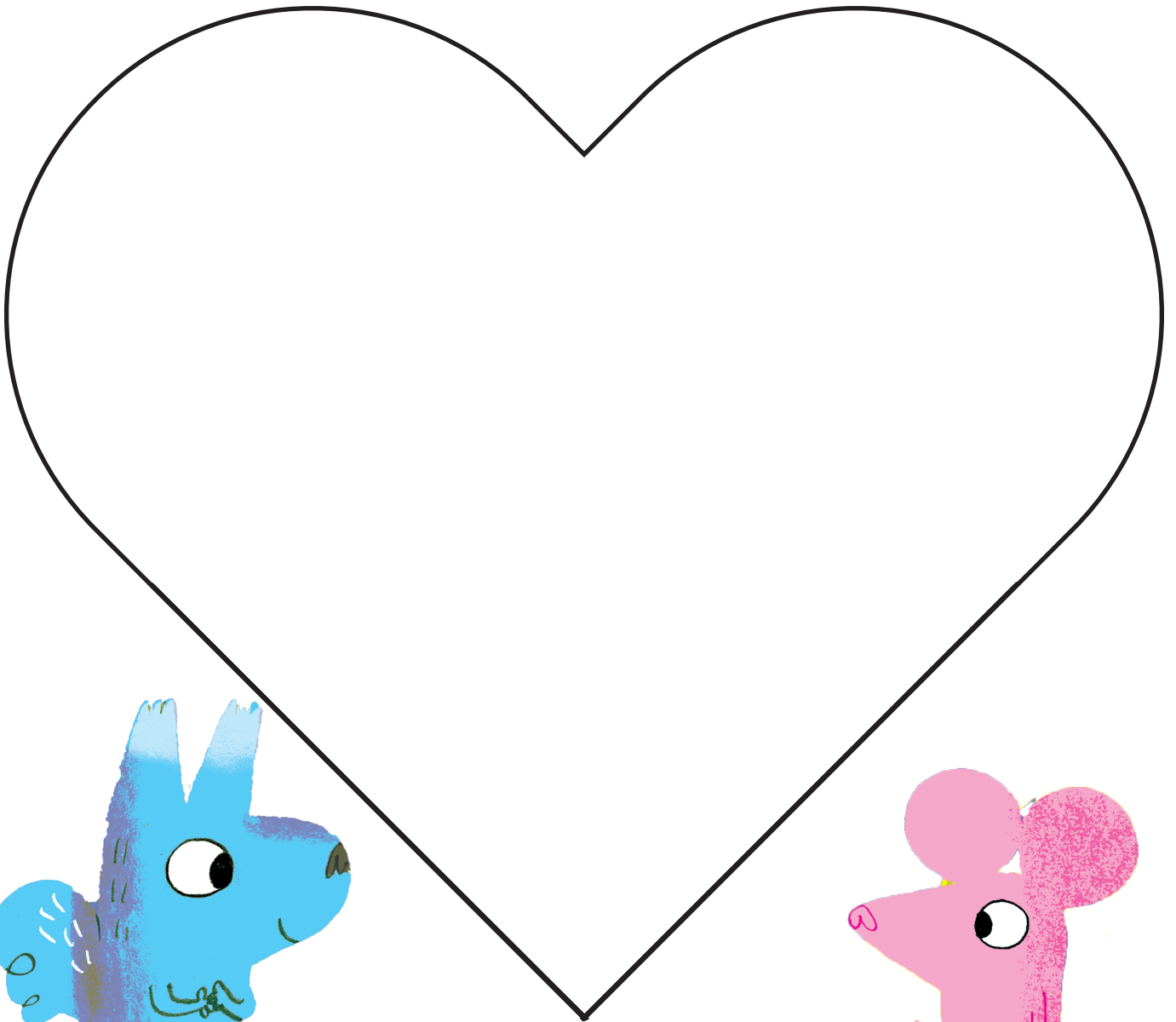




Heart of Happiness

Inside the heart outline below, draw or write some things that make you happy!

It could be someone you love, something you love doing, your favourite foods or even your favourite place to visit.



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What Do You Really Need?

Look at the list below and think carefully – which of these things do you **want** and which do you **need** to live a happy and healthy life?

Then sort them into the two columns below by drawing or writing each item in the right place.

Toys Coat Nature Home Shoes Sweets Pet
Books Friends Medicine Toothbrush Money
Video Games Bed

Wants

Needs



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Draw A Friend



Think about what makes a great friend.

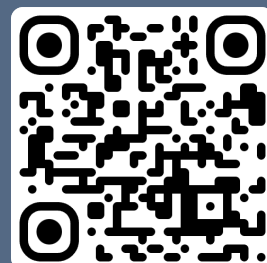
Now it's time to draw your own imaginary friend – someone who represents the PERFECT friend. Then write down the qualities that make them special.

Are they really funny? Do they make you smile? Do they have really cool shoes? Have they got a very funny laugh? It's up to you to design *your* perfect friend!

My perfect friend's qualities



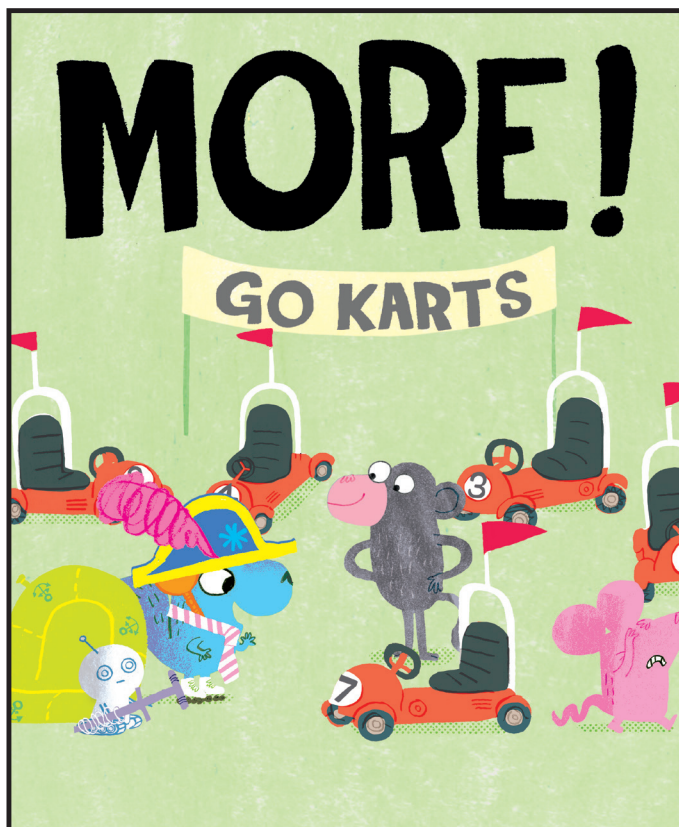
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Spot the Differences?

Can you find the six differences between these two pictures of Squirrel and Mouse by the café?



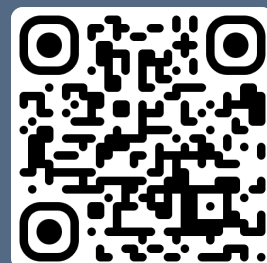
I found...

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

ANSWERS: 1. The go-kart at the end of the page is missing. | 2. The star on the go-kart at the end of the page is missing. | 3. The "Go Karts" sign in the background is missing. | 4. The background has changed colour - it's blue now instead of green. | 5. The flag on the go-kart in the back is missing. | 6. The seat on the go-kart in the back has changed colour - it's blue now.



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For Caregivers
+ Educators

Questions To Ask A Child About Sensory Overload

Want to start an engaging discussion with your young people about the importance of family and how we help each other?

Here are some conversation starters for you!

1. What's something in your home that makes you happy every time you see or use it?
2. How do people in your family show kindness or help each other when someone needs it?
3. If you could give one of your toys, books or clothes to someone who needed it, what would you choose and why?
4. What do you think it means to "have enough"?
5. Can you name three things that make your life special that don't cost any money?
6. When you feel like you want something new, what can you do to remind yourself of the good things you already have?
7. How does it feel when someone shares with you – or when you share with them?
8. What's one small thing you could do today to show appreciation for your family or friends?



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